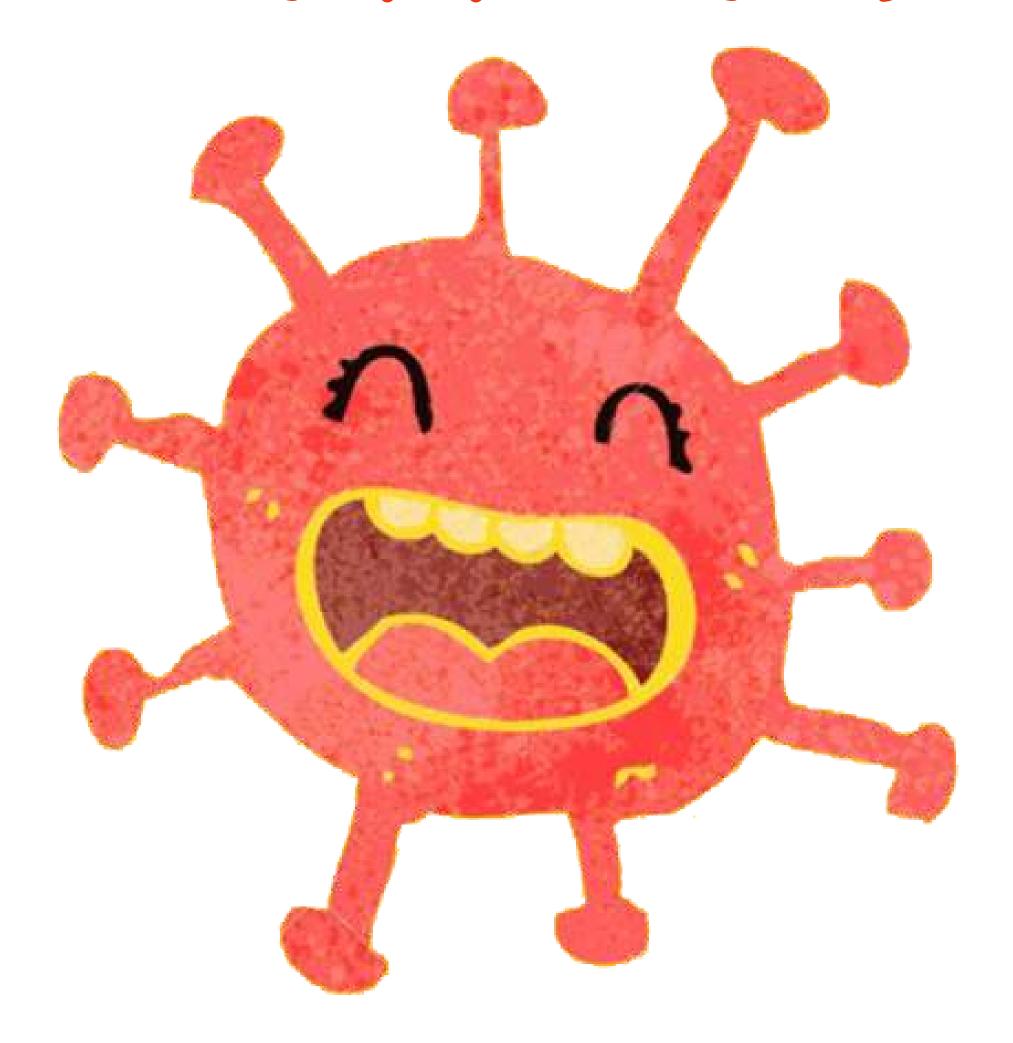
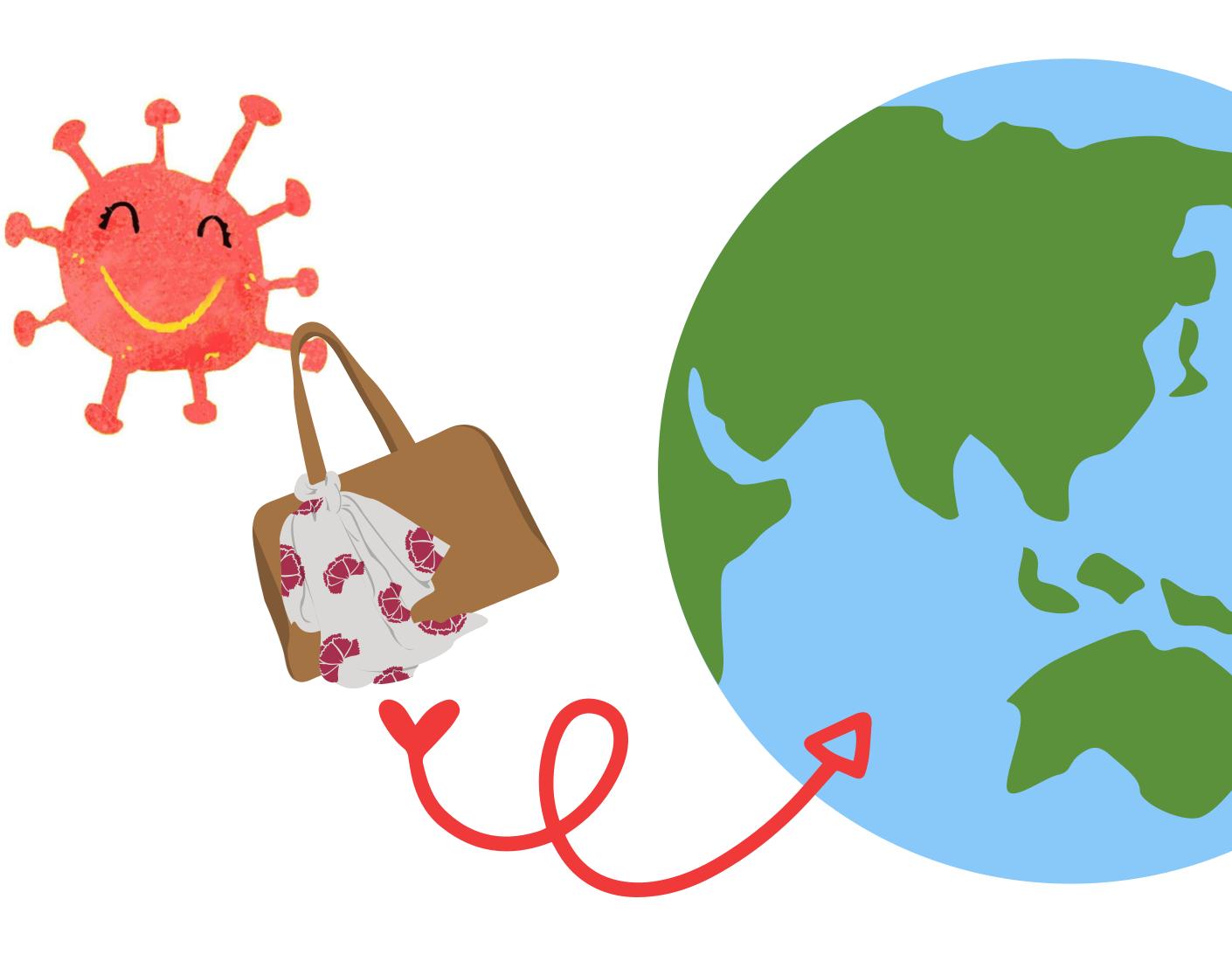
# Jam a VIRUS, cousins with the Flu and the Common Cold



My name is Coronavirus

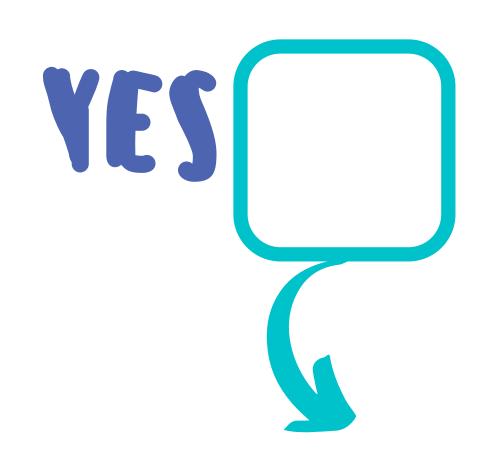
### I love to travel...

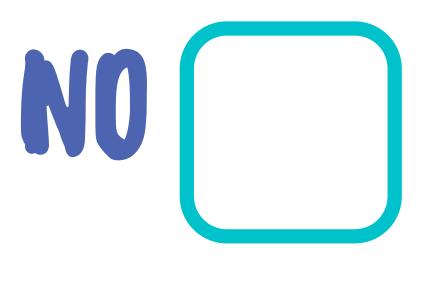


and to jump from hand to hand to say Hi



### Have you heard about me?

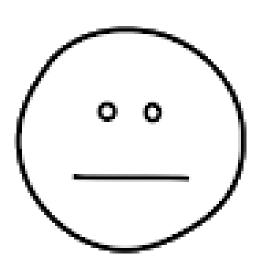




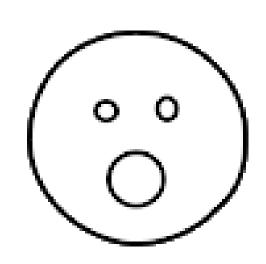
### And how do you feel when you hear my name?



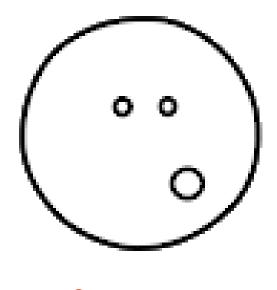
Relaxed



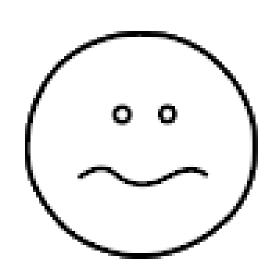
Confused



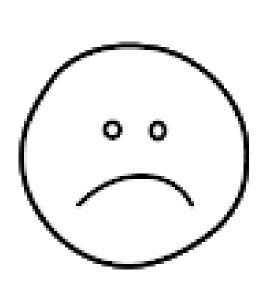
Worried



Curious

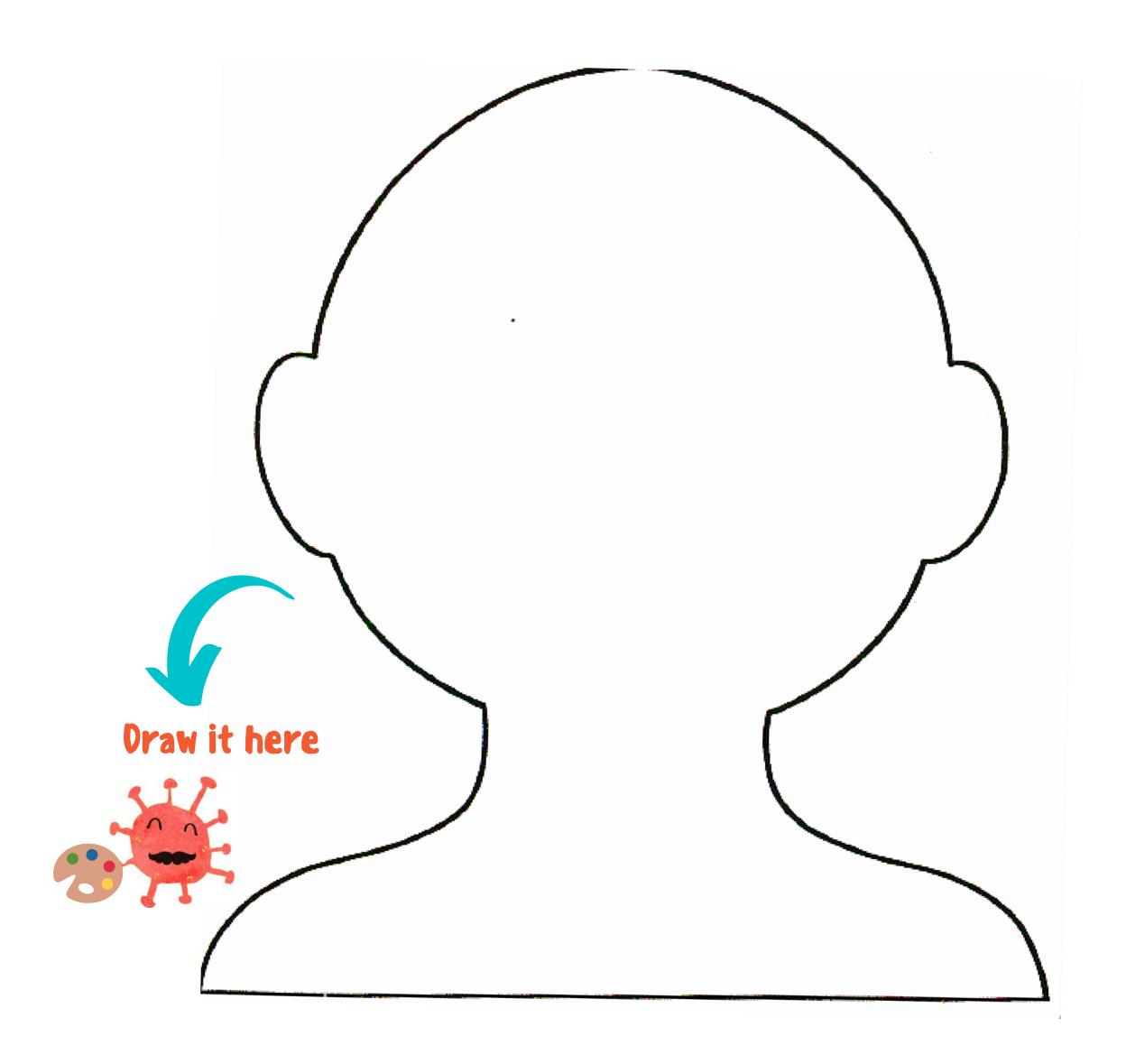


Nervous



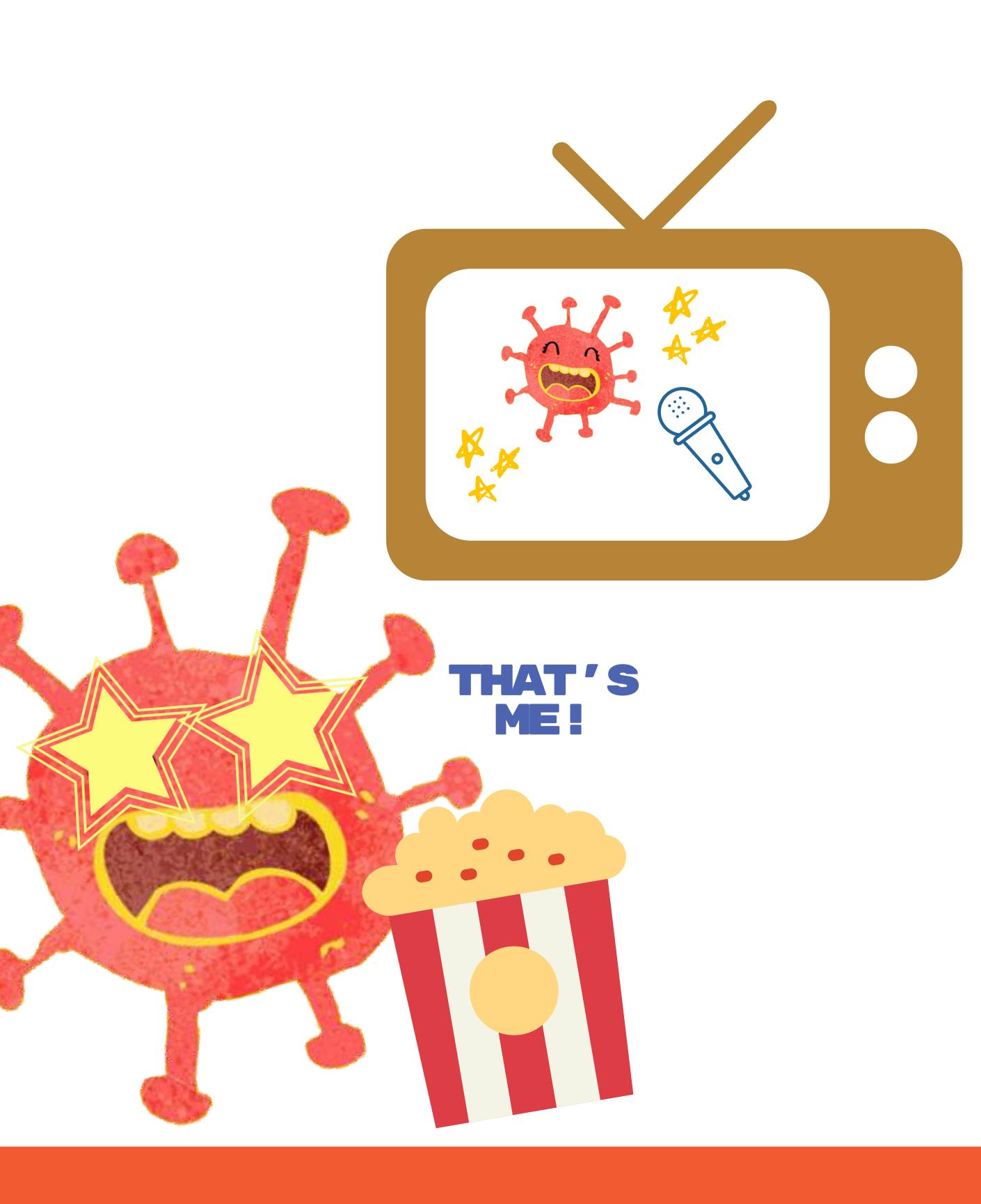
Sad

## I can understand you feel...

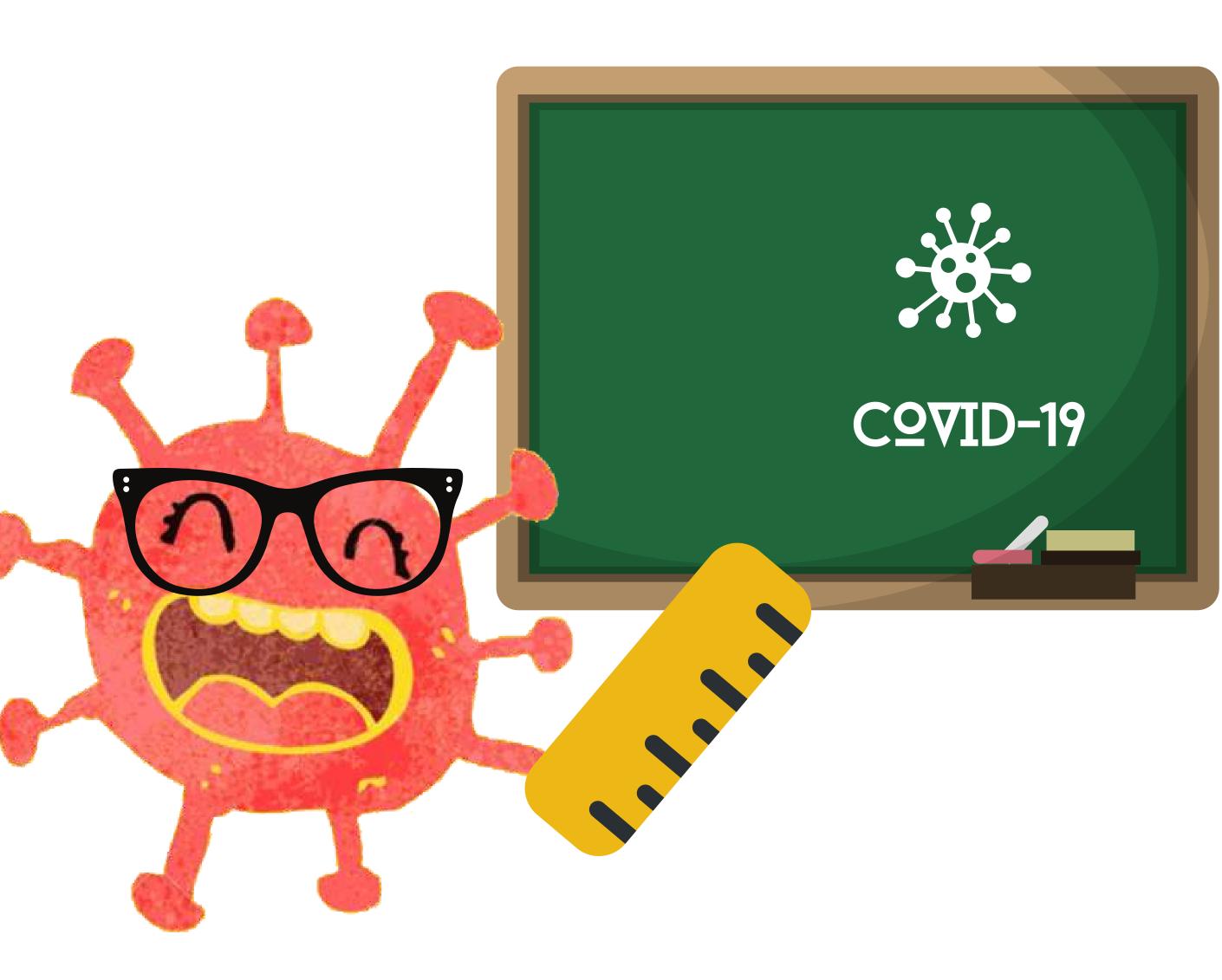


... I would feel the same way

## Sometimes adults get worried when they read the news or see me on TV

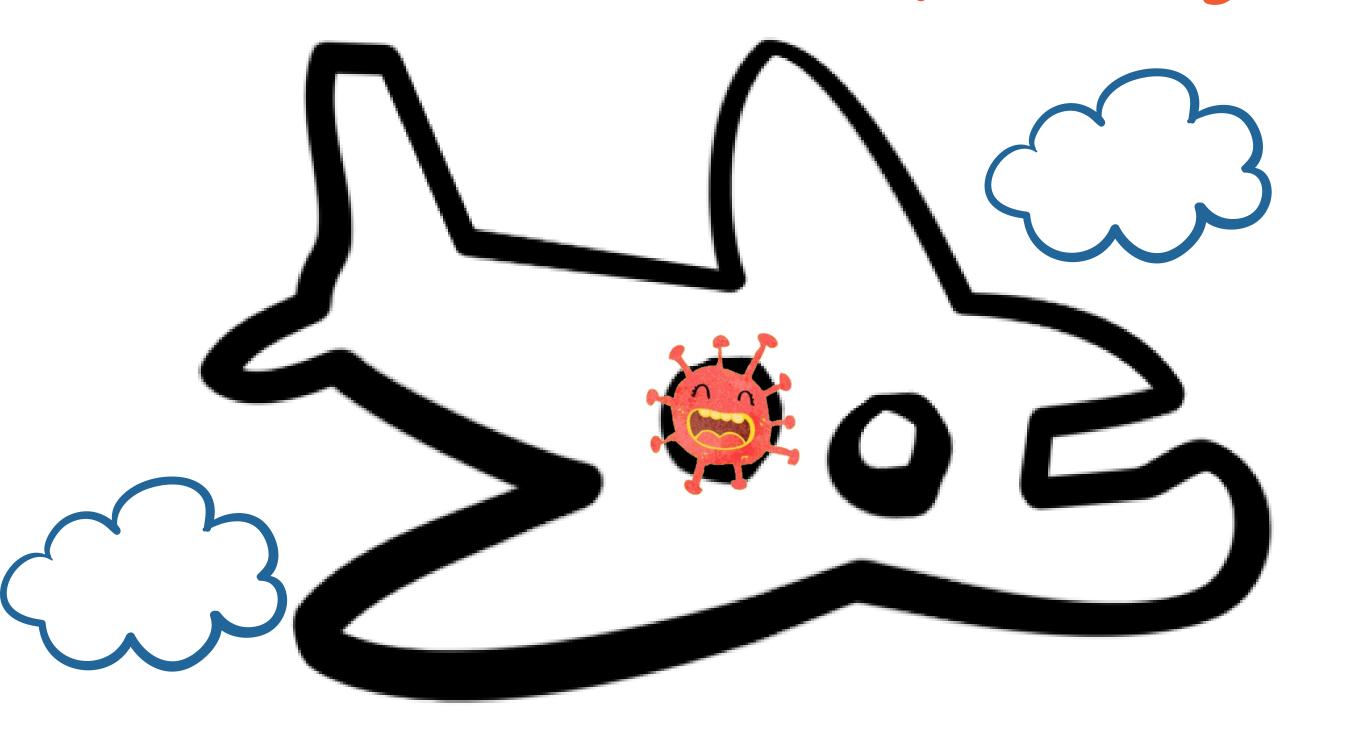


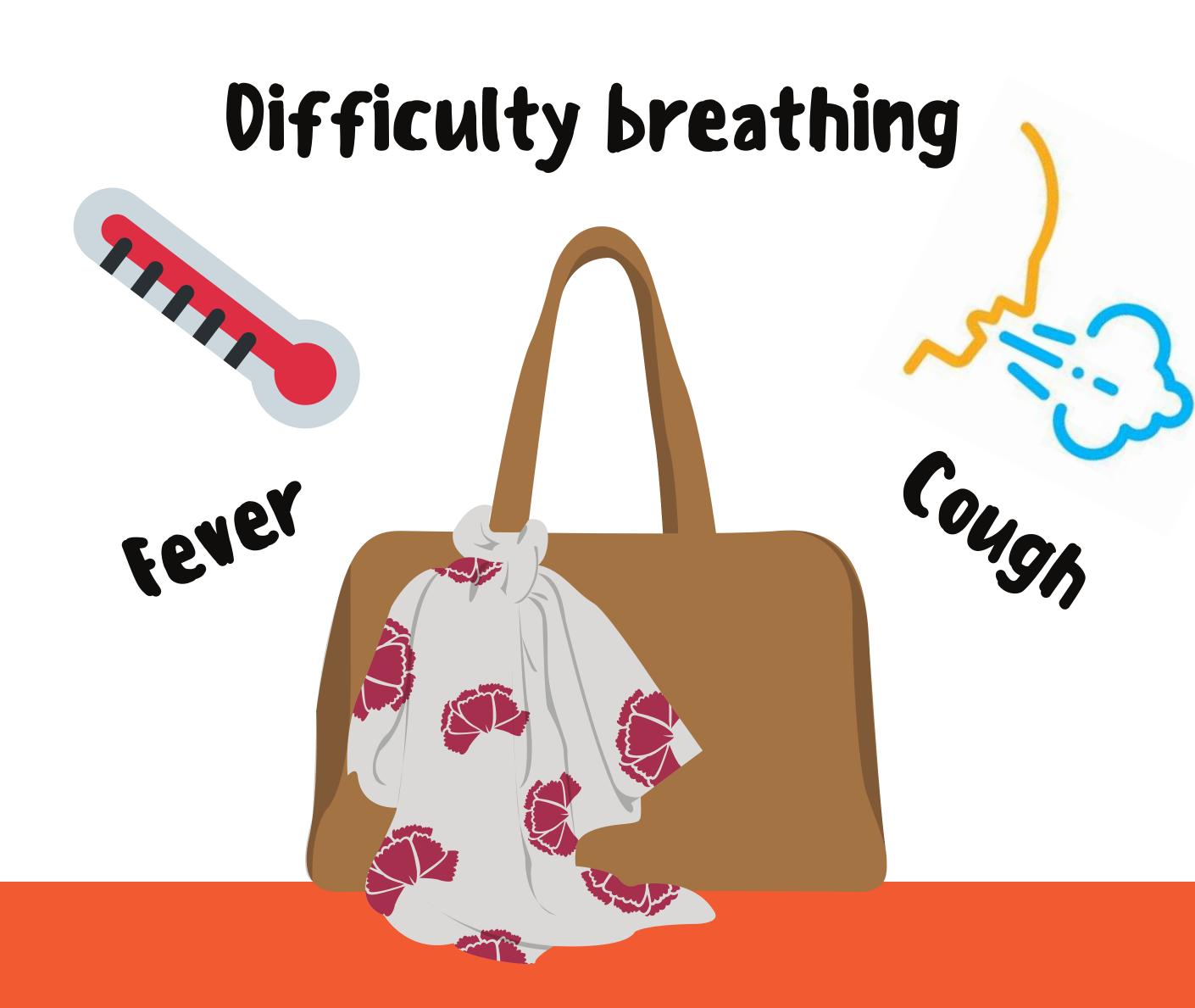
## But I am going to explain myself...



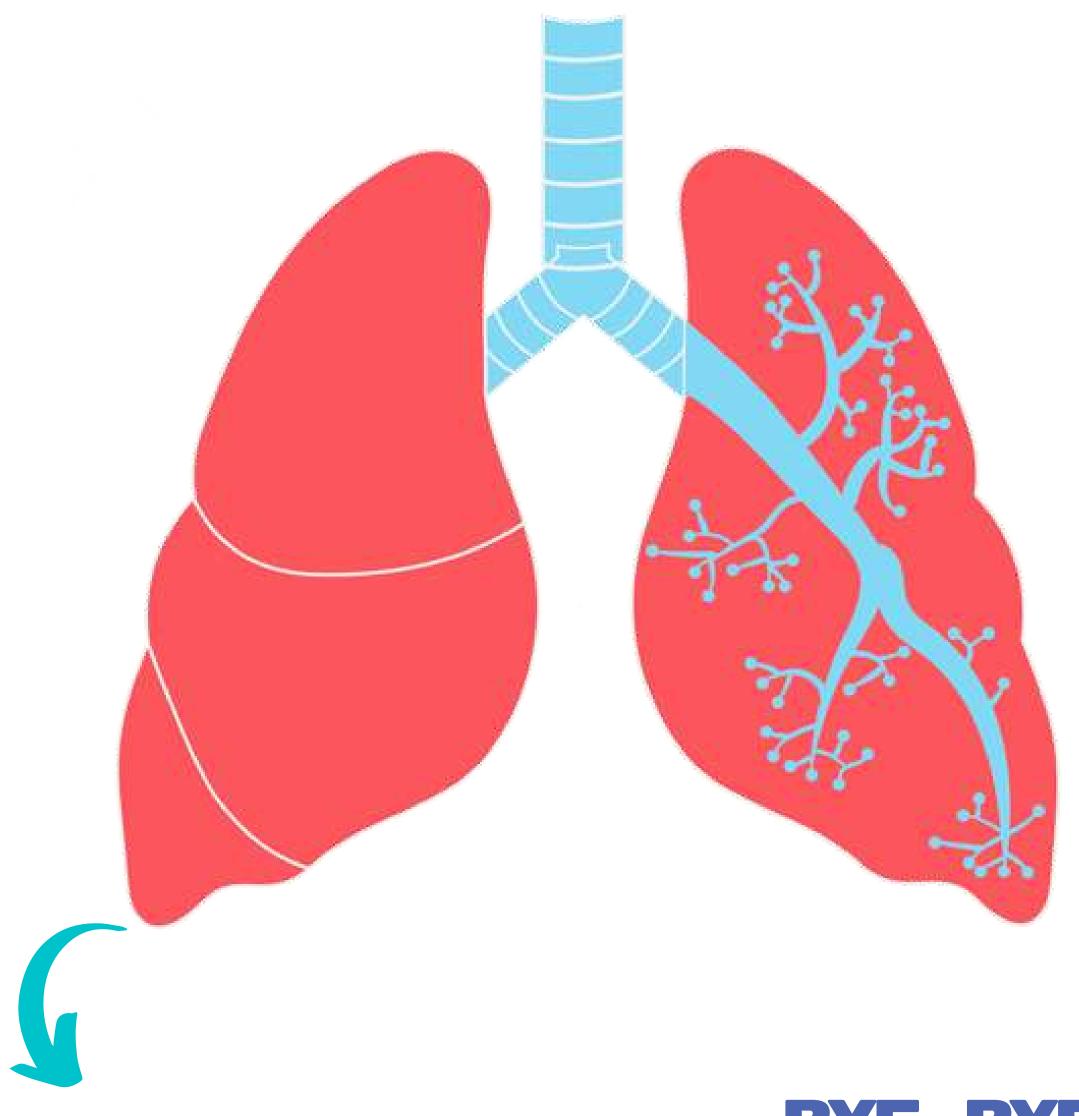
So you can understand...

### When I come to visit, I bring...





# But I don't stay with people for long, and almost everyone gets better



Just like when you get a scrape on your knee and it heals



### Dont you worry!

The adults who take care of you:

will keep you safe



### And you can help...





## By washing your hands with soap and water while singing a song



You can sing your favorite song, the happy birthday song, or the alphabet song





## By using hand sanitizer and letting it dry on your hands



Without moving them count to 18

1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Once your hands are dry you can get back to playing!!

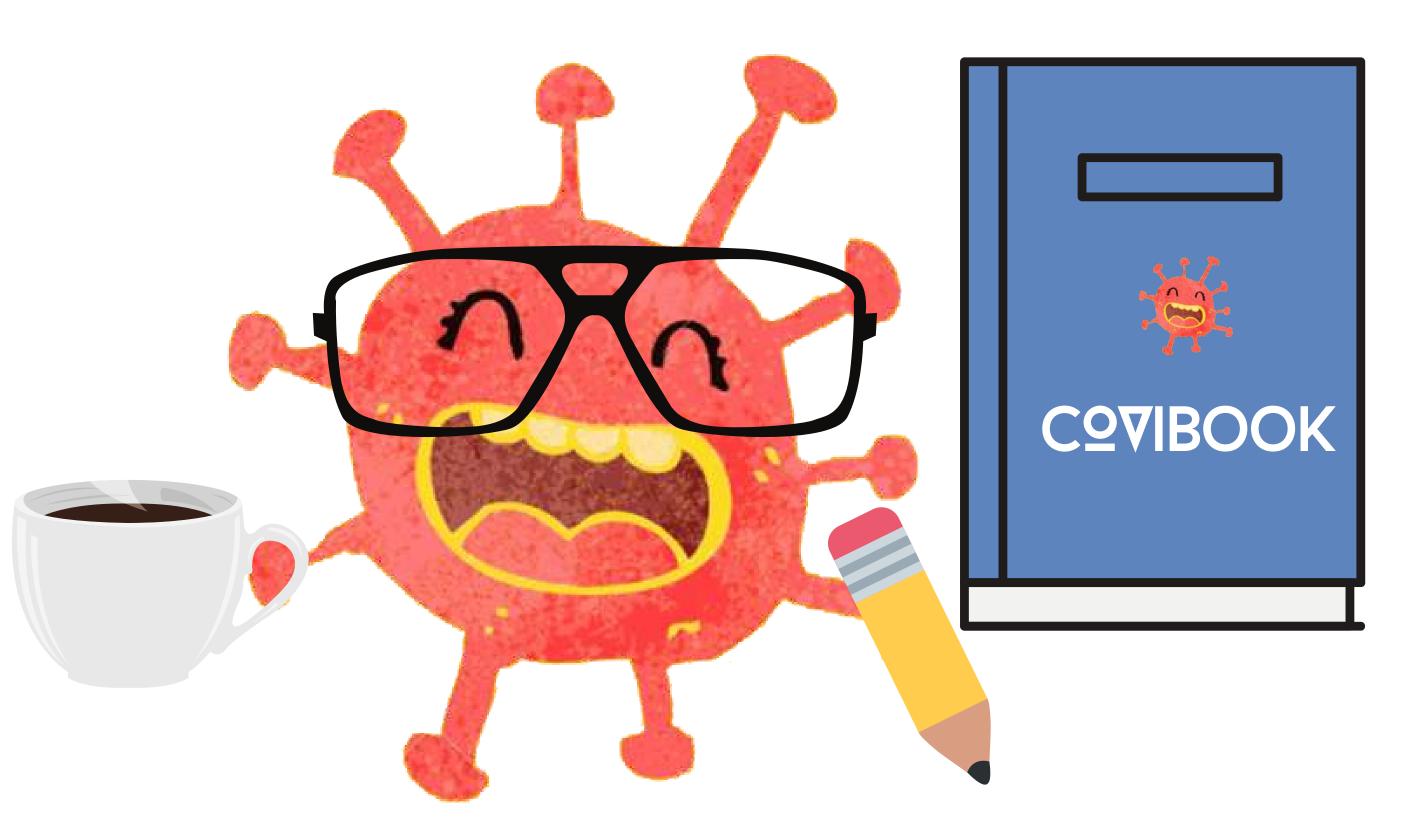
## If you do all that I will not come to visit



while the doctors work to find a vaccine that will allow me to say hi without getting you sick.







### Download this PDF here:

www.mindheart.co/descargables

Author:

Manuela Molina Cruz

Instagram: @mindheart.kids

manuela\_825@hotmail.com

CC BY-NC-SA 4.0 International Public License