

GUMDALE GIVES

MICAH PROJECT ANNUAL CHRISTMAS FOOD HAMPER APPEAL

MONDAY 12TH NOVEMBER - FRIDAY 16TH
NOVEMBER

You can help in two ways

1 Make a donation:

Your donation means Micah can purchase food items and fresh fruit to include in the hampers.

Donate online at www.givenow.com.au/2018micahprojectschristmas or
contact Micah Projects on 3029 7000.

All donations over \$2 are tax deductible.

2 Donate non-perishable food items such as:

- Christmas cakes
- mince pies
- tinned turkey
- tinned ham
- long-life custard
- long-life milk
- spaghetti
- noodles
- rice
- stir-fry sauces
- cereal
- soft drink and cordial
- Coles gift cards
- soups
- biscuits
- chips and lollies
- nuts
- tea and coffee
- spreads
- pasta and pasta sauces
- baked beans etc
- tinned fruit
- tinned veggies
- tinned meat and fish
- Woolworths 'groceries only'
gift cards

Please ensure all food
is within use by dates

MICAH PROJECTS

Breaking Social Isolation
Building Community



PLEASE DROP GOODS OFF TO THE BASKET IN
THE OFFICE. THANK YOU FOR
GIVING.